

1. How did Steve confuse the room God gave him to learn with thinking God did not care? (p 95-99)

Read Hebrews 12:3-11

2. What was absent in Steve's life that paved the road for his decline? (p 98)

3. What was it that led Steve to conclude there were no consequences at all? (p 99)

4. How was Steve impacted by the pictures in his grandfather's garage? (p 101-103)

What hidden messages (positive and negative) were planted in your life about sexuality?

5. Answer these questions from page 105

What picture forms behind you as you connect these dots on your walk to your future?

What kind of man do you want to become?

Are the things you're doing today leading you there?

6. What do you have to make a priority if you are to avoid sexual scars? (p 105)

7. What five reasons does Fred list to support his view that masturbation is sin? (p 109)

- 1)
- 2)
- 3)
- 4)
- 5)

8. What sets the cycle of masturbation into a downward spiral causing deeper embarrassment and humiliation? (p 111)

9. How does it impact you to know that Jesus walked as a man, a single man, and was tested in all ways as you were? (p 116) Read Hebrews 4:14-16

10. Understanding and insight are important, but what are the three baseline requirements Fred identifies? (p 116)

11. What is our whole reason for being in this battle? (p 118)

Is that true for you?

12. List Fred's 4 required steps?